

To Don and others in the US S Little Rock Association,

CHRISTMAS 2023

Another year has passed. As the family grows each year, we consider ourselves blessed. Another great-grandchild has arrived this year bringing the Palamara total to thirty-two great-grandchildren.

Ginny and I flew back to Phoenix on October 10, in order to once again avoid the cold and snowy days of the East Coast. Of course, as they say, "If you want to make God laugh, tell Him your plans." Well, shortly after arriving in Phoenix this year, our plans took a bit of a turn. I went to the doctor for a check-up and was rushed via ambulance to John C. Lincoln Hospital in Phoenix. A Biventricular Pacemaker to treat my heart failure was installed on November 8, 2023, and I am fortunate to be recovering extremely well. Ginny and I are grateful to be able to return to our normal Arizona activities. God is good, and we thank all of you for your prayers that helped us through this unexpected happening.

We wish you all, family and friends, a very Merry Christmas and a Healthy and Joyous New Year.

With love always,
Frank and Ginny

We treasure the interview that you did in Norfolk, VA & hope to see you in Buffalo in 2024 at another US S Little Rock reunion.

